

2024 True North Boys Conference

May 3, 2024- East Grand Forks HS East Grand Forks, MN

1. East Grand Forks 243
2. Thief River Falls 144
3. BGMR/Freeze 126
4. Red Lake County 67
5. Warroad 44
6. Crookston 23
7. Goodridge/Grygla-Gatzke 20

Boys Varsity 100 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Liam Collins BGMR/Freeze 11.89a
- 2 Tyler Brouse Thief River Falls 11.98a
- 3 Grady Hockstedler BGMR/Freeze 12.13a
- 4 Dereon Dadeah East Grand Forks 12.17a
- 5 Brandon Schenkey BGMR/Freeze 12.27a
- 6 Rylan Gravos East Grand Forks 12.30a
- 7 Oliver Russillo Red Lake County 12.41a
- 8 Daj Hall East Grand Forks 12.42a
- 9 Sawyer Jacobson Goodridge/Grygla-Gatzke 12.51a
- 10 Kale Masseth Thief River Falls 12.55a
- 10 Shay Jacobson Goodridge/Grygla-Gatzke 12.55a
- 12 Billy Sisouvong Warroad 12.59a
- 13 Connor Duden Red Lake County 12.65a
- 14 Aaron Gosse Crookston 12.77a
- 15 Hudson Adams Warroad 12.91a
- 16 Makoti Weber Crookston 13.23a
- 17 Javen Lund Crookston 13.24a
- 18 Jude Saustad Warroad 14.44a
- Landen Larson Thief River Falls SCR

Boys Varsity 200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Tyler Brouse Thief River Falls 24.61a
- 2 Tate Moore East Grand Forks 24.82a
- 3 Austin Rusling East Grand Forks 24.99a
- 4 Dereon Dadeah East Grand Forks 25.21a
- 5 Trian Petrescue Thief River Falls 26.14a
- 6 Kale Masseth Thief River Falls 26.35a
- 7 Isaiah Fish Warroad 26.73a
- 8 Ty Folland BGMR/Freeze 27.37a
- 9 Luke Billingsley Warroad 27.92a
- 10 Gavin Reitmeier Crookston 28.41a
- 11 Jacoby Werb BGMR/Freeze 29.31a
- 12 Abe Miller Goodridge/Grygla-Gatzke 30.38a
- 13 Miles Corneillie Crookston 30.70a
- 14 Elijah Weleski BGMR/Freeze 30.83a
- 15 Jude Saustad Warroad 31.09a
- Peter Wiersma Crookston SCR

Boys Varsity 400 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Brayden Carlson East Grand Forks 51.98a
- 2 Tyler Brouse Thief River Falls 54.11a
- 3 William MacLean Thief River Falls 54.74a
- 4 Everett Nelson BGMR/Freeze 55.05a
- 5 Damon Skappel Warroad 55.89a
- 6 Braden Overgard East Grand Forks 55.91a
- 7 Brady Loer East Grand Forks 58.16a
- 8 Luke Billingsley Warroad 58.92a
- 9 Isaiah Fish Warroad 59.58a
- 10 Keyan Derosier Red Lake County 1:00.78a
- 11 Ozander Andrade BGMR/Freeze 1:00.85a
- 12 Jacoby Werb BGMR/Freeze 1:03.84a
- 13 Tallon Vordebruggen Thief River Falls 1:04.52a
- 14 Blake Stanley Goodridge/Grygla-Gatzke 1:06.07a
- 15 Abe Miller Goodridge/Grygla-Gatzke 1:06.81a
- 16 Kahnen Hansen Crookston 1:07.14a
- 17 Ruben Osborn Red Lake County 1:19.62a

Boys Varsity 800 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Weston Mahar East Grand Forks 2:10.15a
- 2 Rylan Slack East Grand Forks 2:12.11a
- 3 William MacLean Thief River Falls 2:12.97a
- 4 Griffin Lundeen Thief River Falls 2:15.66a
- 5 Nick Lund BGMR/Freeze 2:17.24a
- 6 Jaxson Tanner Thief River Falls 2:21.25a
- 7 Samuel Daniels Warroad 2:28.33a
- 8 Jayden Mulvey Crookston 2:33.21a
- 9 Charles Nelson East Grand Forks 2:33.30a
- 10 Eli Nelson Goodridge/Grygla-Gatzke 2:36.69a
- 11 Jack Palmquist Warroad 2:36.70a
- 12 Tyson McKeever Warroad 2:40.73a
- 13 Parker Klasen Red Lake County 2:48.32a
- 14 Blake Stanley Goodridge/Grygla-Gatzke 2:48.34a
- 15 Braeden Nordby Goodridge/Grygla-Gatzke 2:51.27a

Boys Varsity 1600 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Hunter Jordheim East Grand Forks 4:55.85a
- 2 Jaxon Mahar East Grand Forks 5:09.72a
- 3 Hayden Shulstad Red Lake County 5:18.21a
- 4 Lincoln Davis Thief River Falls 5:20.71a
- 5 Jayden Mulvey Crookston 5:33.00a
- 6 Nick Suchy Red Lake County 5:36.03a
- 7 Owen Larson Warroad 5:36.15a
- 8 Braeden Nordby Goodridge/Grygla-Gatzke 5:41.55a
- 9 Eli Nelson Goodridge/Grygla-Gatzke 5:45.31a
- 10 Jonah Vandervort East Grand Forks 5:46.35a

11 Jack Palmquist Warroad 6:07.02a
12 Parker Klasen Red Lake County 6:15.19a
13 Breton Norling Warroad 6:21.89a
Wyatt Novak Thief River Falls SCR

Boys Varsity 3200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Hunter Jordheim East Grand Forks 10:34.25a
2 Curtis Griffin Thief River Falls 10:37.47a
3 Jaxon Mahar East Grand Forks 11:19.41a
4 Hayden Shulstad Red Lake County 11:27.21a
5 Nick Suchy Red Lake County 12:29.95a
6 Tyson McKeever Warroad 12:37.36a
7 Kahnen Hansen Crookston 12:52.57a
8 Jonah Vandervort East Grand Forks 12:59.99a
9 Jacob Branum Warroad 13:49.98a
10 Landon Adams Warroad 14:12.97a
Lincoln Davis Thief River Falls SCR
Wyatt Novak Thief River Falls SCR

Boys Varsity 110m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

1 Brayden Spears Thief River Falls 17.60a
2 Caden Lee Red Lake County 18.16a
3 Matthew Rieckman East Grand Forks 19.51a
4 Peyton O'Neill Red Lake County 21.52a
5 Michael Rowe Thief River Falls 22.22a
6 Damontay Johnson Goodridge/Grygla-Gatzke 28.50a

Boys Varsity 300m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

1 Jezrael Jones East Grand Forks 45.36a
2 Brayden Spears Thief River Falls 45.88a
3 Caden Lee Red Lake County 47.90a
4 Matthew Rieckman East Grand Forks 50.09a
5 Alexander Link East Grand Forks 51.59a
6 Robbie Henry BGMR/Freeze 52.62a
7 Benji Bramer Red Lake County 53.66a
8 Michael Rowe Thief River Falls 56.97a
9 Wylie Lehrer Red Lake County 59.89a

Boys Varsity 4x100m Relay Finals

=====

Team Time

=====

1 BGMR/Freeze 46.60a
1) Brandon Schenkey 2) Grady Hockstedler
3) Brent Wesala 4) Liam Collins
2 East Grand Forks 46.79a
1) Jace Fore 2) Daj Hall
3) Dereon Dadeah 4) Tate Moore
3 Crookston 49.99a

1) Aaron Gosse 2) Javen Lund
3) Gavin Reitmeier 4) Peter Wiersma
4 Thief River Falls 51.12a
1) Cash Reynolds 2) Caleb Mauch
3) Clay Nelson 4) Kale Masseth
5 Goodridge/Grygla-Gatzke 51.24a
1) Shay Jacobson 2) Damontay Johnson
3) Owen Larson 4) Sawyer Jacobson
6 Warroad 53.84a
1) Leo Marenco 2) Tucker Meek
3) Owen Larson 4) Mason McMillin
7 Red Lake County 53.85a
1) Benji Bramer 2) Wylie Lehrer
3) Mason Williams 4) Oliver Russillo

Boys Varsity 4x200m Relay Finals

=====

Team Time

=====

1 East Grand Forks 1:34.21a
1) Brayden Carlson 2) Jezrael Jones
3) Braden Overgard 4) Cooper Boushee
2 Warroad 1:39.80a
1) Billy Sisouvong 2) Hudson Adams
3) Damon Skappel 4) Isaiah Fish
3 BGMR/Freeze 1:39.93a
1) Brandon Schenkey 2) Brent Wesala
3) Grady Hockstedler 4) Everett Nelson
4 Goodridge/Grygla-Gatzke 1:43.23a
1) Sawyer Jacobson 2) Owen Larson
3) Damontay Johnson 4) Shay Jacobson
5 Red Lake County 1:47.51a
1) Keyan Derosier 2) Peyton O'Neill
3) Mason Williams 4) Connor Duden
6 Thief River Falls 1:48.13a
1) Cash Reynolds 2) Michael Rowe
3) Caleb Mauch 4) Tallon Vordebruggen

Boys Varsity 4x400m Relay Finals

=====

Team Time

=====

1 East Grand Forks 3:39.32a
1) Braden Overgard 2) Cooper Boushee
3) Jezrael Jones 4) Brayden Carlson
2 Red Lake County 4:03.65a
1) Keyan Derosier 2) Benji Bramer
3) Oliver Russillo 4) Caden Lee
3 Thief River Falls 4:08.38a
1) Caleb Mauch 2) Tallon Vordebruggen
3) Griffin Lundeen 4) Jaxon Tanner
4 BGMR/Freeze 4:18.52a
1) Ozander Andrade 2) Nick Lund
3) Jacoby Werb 4) Everett Nelson

Boys Varsity 4x800m Relay Finals

=====

Team Time

=====

- 1 Thief River Falls 8:48.77a
- 1) Curtis Griffin 2) Jaxson Tanner
- 3) Griffin Lundeen 4) William MacLean
- 2 East Grand Forks 9:00.52a
- 1) Jace Fore 2) Weston Mahar
- 3) Rylan Slack 4) Brady Loer
- 3 Warroad 10:03.80a
- 1) Sully Johnson 2) Tyson McKeever
- 3) Owen Larson 4) Samuel Daniels

Boys Varsity Shot Put Finals

=====

Athlete Yr Team Mark

=====

- 1 Treston Nichols BGMR/Freeze 48-1.25
- 2 Mavrik Martine East Grand Forks 46-6.25
- 3 Messi Kalenda East Grand Forks 45-5.5
- 4 Trian Petrescue Thief River Falls 43-2
- 5 Cole Blazek BGMR/Freeze 40-2.25
- 6 Grady Hockstedler BGMR/Freeze 39-1
- 7 Rylan Gravos East Grand Forks 36-10.5
- 8 Owen Larson Goodridge/Grygla-Gatzke 36-1.25
- 9 Sawyer Jacobson Goodridge/Grygla-Gatzke 32-8.25
- 10 Wyatt Marsyla Crookston 30-9.25
- 11 Landen Larson Thief River Falls 29-4.5
- 12 Alejandro Rodriguez Crookston 26-10.5
- 13 Breno Jamal Goodridge/Grygla-Gatzke 26-5.75
- 14 Tucker Meek Warroad 25-11
- 15 Parker Kasprowicz Thief River Falls 24-9.25
- 16 Ruben Osborn Red Lake County 21-3.25
- 17 Miles Corneillie Crookston 19-11
- Wil Anderson Warroad DNS

Boys Varsity Discus Finals

=====

Athlete Yr Team Mark

=====

- 1 Treston Nichols BGMR/Freeze 138-4
- 2 Trian Petrescue Thief River Falls 134-1
- 3 Mavrik Martine East Grand Forks 129-5
- 4 Messi Kalenda East Grand Forks 122-7
- 5 Rylan Gravos East Grand Forks 103-8
- 6 Owen Larson Goodridge/Grygla-Gatzke 94-4
- 7 Carter Hamann BGMR/Freeze 90-9
- 8 Wyatt Marsyla Crookston 77-10
- 9 Cole Blazek BGMR/Freeze 74-7
- 10 Makoti Weber Crookston 71-5
- 11 Parker Kasprowicz Thief River Falls 70-4
- 12 Tucker Meek Warroad 68-3
- 13 Landen Larson Thief River Falls 66-1
- 14 Damontay Johnson Goodridge/Grygla-Gatzke 61-2
- 15 Alejandro Rodriguez Crookston 53-4
- 16 Breno Jamal Goodridge/Grygla-Gatzke 52-2
- 17 Oliver Carlson Warroad 36-0
- Wil Anderson Warroad DNS

Boys Varsity High Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Everett Nelson BGMR/Freeze 5-10
- 2 Matthew Rieckman East Grand Forks 5-4
- 3 Brayden Spears Thief River Falls 5-2
- 4 Eliot Afshari East Grand Forks 5-0
- 5 Keyan Derosier Red Lake County 5-0
- 6 Luke Billingsley Warroad 5-0
- Tyler Brouse Thief River Falls NH
- Kason Hanson Thief River Falls NH
- Carter Hamann BGMR/Freeze NH

Boys Varsity Pole Vault Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Eliot Afshari East Grand Forks 11-6
- 2 Brent Wesala BGMR/Freeze 10-0
- 3 Cooper Boushee East Grand Forks 10-0
- 4 Nick Lund BGMR/Freeze 9-6
- 5 Makoti Weber Crookston 9-6
- 6 Griffin Lundeen Thief River Falls 9-6
- 7 Billy Sisouvong Warroad 9-0
- 8 Lucas Larson East Grand Forks 8-0
- 9 Breton Norling Warroad 7-0
- 10 Sully Johnson Warroad 7-0
- Robbie Henry BGMR/Freeze NH
- Lincoln Davis Thief River Falls SCR

Boys Varsity Long Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Liam Collins BGMR/Freeze 18-1.5
- 2 Austin Rusling East Grand Forks 18-0.5
- 3 Brayden Spears Thief River Falls 17-11
- 4 Peter Wiersma Crookston 17-2.5
- 5 Caden Lee Red Lake County 16-10
- 6 Shay Jacobson Goodridge/Grygla-Gatzke 16-5
- 7 Rylan Gravos East Grand Forks 16-4.5
- 8 Daj Hall East Grand Forks 16-4
- 9 Peyton O'Neill Red Lake County 16-0.5
- 10 William MacLean Thief River Falls 15-5.5
- 11 Aaron Gosse Crookston 14-9
- 12 Jacoby Werb BGMR/Freeze 14-8
- 13 Eli Nelson Goodridge/Grygla-Gatzke 14-6
- 14 Leo Marenco Warroad 13-8
- 15 Wylie Lehrer Red Lake County 13-8
- 16 Javen Lund Crookston 13-6
- 17 Mason McMillin Warroad 13-4
- 18 Michael Rowe Thief River Falls 12-8
- 19 Oliver Carlson Warroad 12-2

Boys Varsity Triple Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Liam Collins BGMR/Freeze 38-9
 - 2 Jezrael Jones East Grand Forks 38-0.5
 - 3 Austin Rusling East Grand Forks 37-0
 - 4 Hudson Adams Warroad 34-3
 - 5 Peyton O'Neill Red Lake County 33-10.5
 - 6 Leo Marenco Warroad 31-8
 - 7 Clay Nelson Thief River Falls 31-3
 - 8 Caleb Mauch Thief River Falls 31-3
 - 9 Jaxson Tanner Thief River Falls 30-6.5
 - 10 Juvenal Chavez East Grand Forks 30-3
- Oliver Carlson Warroad ND